



Four YMCA Personal Trainer Sessions

#20



Starting Bid **\$75.00**

Retail Value \$230.00

2 Available

Donated by **Northwest YMCA**

Four (4) personal training sessions at the Northwest Y in Cupertino.

PERSONAL TRAINING

You're not alone. The Y is here to focus on supporting you so that you can reach your health and wellness goals. Connect with a personal trainer to unlock your full potential. Personal Training provides the greatest opportunity for 1 on 1 attention, development and success.

Check out this video!

Five Reasons to Hire a YMCA Personal Trainer