

Laguna Beach Cultural Arts Center Gala Celebration

Laguna Beach Cultural Arts Center



Cold Plunge Sessions



Starting Bid \$30.00

2 Available

Donated by Plunge Performance and Recovery Dana Point

Plunge Performance

Winner receives (2) Cold Plunges and training. $\hat{A}\hat{m{A}}$

Take the Plunge with our trained professionals at Plunge Performance and Recovery in Dana Point. Â We offer plunge temperatures between 45 to 37 degrees. Â Our trained staff will work with you to get the maximum results. We also have the best Sauna! the coast.