



Total Wellness VIP Package

#33



Starting Bid **\$75.00**

Retail Value \$400.00

Donated by Valeo / Training

Kickstart your health and wellness journey with this **21-day VIP experience**, including a personalized strength training program, **2x/week coaching**, access to open gym and classes. Take your self-care further with **Collagen Peptides**, **Epsom Salts**, and a **Stress Less Essential Oils Roller**, plus a **Valeo baseball cap**. Fuel your body and mind with our **30 Hearty and Healthy Fall Recipes** and the

bestselling book **Atomic Habits**. This all-in-one package is perfect for anyone ready to elevate their fitness, nutrition, and wellness game!

Includes:

-21-day VIP Experience (strength training program, 2x/week coaching, open gym, and classes)

-A container of Collagen Peptides

-A jar of Epsom Salts

-A Valeo Baseball Cap

-Their Recipe Book: 30 Hearty and --Healthy Fall Recipes

-The "Atomic Habits" book

-A Stress Lessâ€¦